



# Year 9 Curriculum

## Physical Education



	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	*These topics operate on a rotation meaning each class will study them in a slightly different order					
Topic	<b>Boys:</b> <ul style="list-style-type: none"><li>• Fitness</li><li>• Rugby</li><li>• Badminton</li><li>• Dance</li><li>• Handball</li></ul>	<b>Girls:</b> <ul style="list-style-type: none"><li>• Fitness</li><li>• Football</li><li>• Badminton</li><li>• Dance</li><li>• Swimming</li></ul>	<b>Boys:</b> <ul style="list-style-type: none"><li>• Football</li><li>• Fitness</li><li>• Swimming</li><li>• Basketball</li><li>• Racketball/</li><li>• Orienteering</li></ul>	<b>Girls:</b> <ul style="list-style-type: none"><li>• Gymnastics</li><li>• Fitness</li><li>• Rugby</li><li>• Hockey</li><li>• Racketball/</li><li>• Orienteering</li><li>• Netball</li></ul>	<b>Boys:</b> <ul style="list-style-type: none"><li>• Cricket</li><li>• Softball</li><li>• Athletics</li><li>• Volleyball</li></ul>	<b>Girls:</b> <ul style="list-style-type: none"><li>• Athletics</li><li>• Rounders/</li><li>Cricket</li><li>• Volleyball</li><li>• Handball</li></ul>
Key Concepts	<ul style="list-style-type: none"><li>• Physical literacy</li><li>• Advanced skills and techniques</li><li>• Advanced tactics and strategies</li><li>• Fitness for life</li><li>• Underpinning theoretical concepts and PE vocabulary</li><li>• Critically analysing sports performance</li></ul>		<ul style="list-style-type: none"><li>• Physical literacy</li><li>• Advanced skills and techniques</li><li>• Advanced tactics and strategies</li><li>• Fitness for life</li><li>• Underpinning theoretical concepts and PE vocabulary</li><li>• Critically analysing sports performance</li></ul>		<ul style="list-style-type: none"><li>• Physical literacy</li><li>• Advanced skills and techniques</li><li>• Advanced tactics and strategies</li><li>• Fitness for life</li><li>• Underpinning theoretical concepts and PE vocabulary</li><li>• Critically analysing sports performance</li></ul>	



# Year 9 Assessment

## Physical Education



Pupils will sit 10 assessments across the academic year.

	Assessments for each Sport/Activity	
	Perform	Think
Style of Assessment	<p>Pupils will be assessed in their ability to perform three sport specific skills in isolation and two sporting game situations.</p> <p>Pupils 'Perform' marks are assessed out of five for each sport.</p>	<p>Pupils will be assessed in their ability to answer multiple-choice questions based on their sporting activity. Nine of these questions are specific to their sport and six questions focus on general theoretical knowledge.</p> <p>The Year 9 theoretical knowledge: joint actions, antagonistic pairs and the information processing model.</p> <p>Pupils 'Think' marks are calculated and assessed out of five for each sport.</p>
Topics Assessed	<ul style="list-style-type: none"><li>• <b>Team Games:</b> Rugby, football, netball, badminton, basketball, cricket, rounders and handball</li><li>• <b>Individual activities:</b> Badminton, gymnastics, swimming, athletics and fitness.</li></ul>	