



	Term 1*		Term 2*	Term 3		
Торіс	Food Preparation & Nutrition	D&T: Spanner	Design & Technology: Architecture Project	D&T for Life Skills - a selection from:	GCSE Food Preparation & Nutrition / Level 2 Hospitality & Catering Foundation Pathway (Option) courses	GCSE Design & Technology / Level 2 Construction Foundation
Key Concepts	 Varied diets Cook a range of baked products Specialist cooking techniques Cooking using tools and equipment New sources of foods Factors affecting food choice. 	 Ferrous Non-ferrous Alloys Quality Control Stock forms Heat treatments Sustainability 	 Ergonomics Anthropometrics Modelling skills Prototyping Problem solving Design skills Paper & boards Modelling materials Isometric drawing Data use Sustainability Environmental awareness 	 Laundry & ironing Basic DIY Greetings cards & gift bags Board games Budgeting & menu planning 	 Advanced knife & cooking skills Diet related health issues Nutrition Sustainability and environmental issues Food styling Practical skills Food safety, food spoilage and presentation 	 Material properties Maths Mechanical devises Sustainability Use of technical drawings Practical skills

* Pupils will experience the Food Preparation & Nutrition course for one half term over the first half year based on a rotation with Design & Technology projects





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