



# Years 12 & 13 Curriculum

## Tutor Programme and Preparation for Adult Life (PALs)



Year 12	Autumn Term: PSHE & Life Choices		Spring Term: Looking After Yourself & British Values		Summer Term: Next Steps	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Topic	Resilience – settling into Sixth Form Respect, Integrity & Kindness – PSHE	Respect – settling into Sixth Form Endeavour, Courage & Resilience – future plans	Resilience & Integrity – keeping healthy physically and mentally	Resilience, Respect & Integrity	Endeavour, Courage & Resilience – exploring university	Endeavour, Resilience & Courage – applications for next steps
Key Concepts	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>Banter vs Bullying</li> <li>Peer on Peer abuse</li> <li>Relationship – when it goes wrong</li> <li>Contraception awareness</li> <li>Development of discussion and debating</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>Life maps</li> <li>Plan B's</li> <li>Pros and cons of future choices</li> <li>Importance of work experience</li> <li>Employability and social media</li> <li>Development of Discussion and debating</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>Eating habits</li> <li>Exercise</li> <li>Mental Health</li> <li>Developing discussion and debating</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>UK Politics system</li> <li>UK Law system</li> <li>Current affairs</li> <li>British Values</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>Induction into personal statements</li> <li>Importance factors in choosing a Uni</li> <li>University Tanking and League tables</li> <li>Different types of universities</li> <li>Russell group universities</li> <li>Different degree pathways</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>Next steps applications               <ul style="list-style-type: none"> <li>Personal statement writing</li> <li>CV writing</li> <li>Apprenticeship planning</li> </ul> </li> </ul>
	<b>Preparation to adult life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Introduction into sixth form.</li> <li>Relationships/Routine/Responsibility changes in sixth form.</li> <li>Sexual harassment in the workplace</li> <li>Mental health awareness</li> <li>Driving and car insurance</li> <li>Learning habits</li> <li>LGBTQ+</li> <li>Digital Footprint</li> <li>How to enhance your CV</li> <li>Mentoring with tutor</li> </ul>	<b>Preparation to adult life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Consent</li> <li>Interview skills</li> <li>What is anxiety</li> <li>Learning habits</li> <li>Fertility and family planning</li> <li>Credit cards and loans</li> <li>How to buy a house/renting</li> <li>Mentoring with tutor</li> </ul>	<b>Preparation to adult life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Local history</li> <li>Learning habits</li> <li>Citizenship- taking on other cultures words</li> <li>Fake news</li> <li>Post 18 Options</li> <li>Question time</li> <li>Student leadership hustings</li> </ul>	<b>Preparation to adult life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Work experience week information</li> <li>Dangers of vaping</li> <li>Faith forum</li> <li>Feeding yourself</li> <li>Monitoring and controlling personal finances</li> </ul>	<b>Preparation to adult life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Safe Driving</li> <li>Coercive control</li> <li>Financial Awareness</li> <li>Learning habits</li> <li>Developing communication skills</li> <li>How to produce a LinkedIn account</li> <li>Working abroad</li> </ul>	<b>Preparation to adult life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Safe online behaviours</li> <li>UCAS Applications.</li> <li>Apprenticeships. Preparations</li> <li>Debunking social media</li> <li>Attending university and living abroad as an international student</li> </ul>



# Years 12 & 13 Curriculum *(continued)*

## Tutor Programme and Preparation for Adult Life (PALs)



### Year 13

	Autumn Term: Applications & Financial Awareness		Spring Term: British Values & PSHE		Summer Term: Independent Living	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Topic	Respect – settling into Year 13 Endeavour, Courage and Resilience – next steps applications	Respect – settling into Year 13 Resilience & Integrity – financial awareness	Resilience & Endeavour – developing transferable skills Endeavour – preparing for mock exams	Integrity, Kindness & Respect – British Values and PSHE	Integrity & Resilience – mental health and wellbeing Resilience & Courage – living and dealing with others & living independently	
Key Concepts	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>UCAS Applications or CV writing for employment/ apprenticeship writing</li> <li>Revision for mocks</li> <li>Developing debating skills – should all humans be vegan?</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>How to create a habit</li> <li>Academic mentoring with tutor</li> <li>Credit scores</li> <li>Saving</li> <li>Bank accounts for young people</li> <li>Identity and theft</li> <li>Developing debating skills – was Boris a good prime minister?</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>How exercise helps the brain</li> <li>Adaptability</li> <li>Resilience</li> <li>Developing debating – Do humans have free will?</li> <li>Developing debating – would a genderless society be better?</li> <li>Revision prep for mock</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>Moral Dilemmas – what would you do</li> <li>Academic mentoring with tutor</li> <li>Developing debating – is Artificial Intelligence a threat to humanity?</li> <li>Developing debating – is social media helping or harming relationships?</li> </ul>	<b>Tutor Work:</b> <ul style="list-style-type: none"> <li>Basic Survival techniques</li> <li>Shopping on a budget</li> <li>Meeting new people</li> <li>Homesickness</li> <li>Tolerance of others</li> <li>Goodbye and Goodluck</li> </ul>	
	<b>Preparation to Adult Life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>UCAS Applications</li> <li>Apprenticeship preparations</li> <li>Learning habits</li> <li>Mental health awareness</li> <li>Learning habits recap</li> </ul>	<b>Preparation to Adult Life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>UCAS Applications</li> <li>Apprenticeship preparations</li> <li>Replying to UICAS offers, clearing and adjustments</li> <li>Procrastination</li> <li>Learning habits</li> </ul>	<b>Preparation to Adult Life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Local history</li> <li>First aid/ CPR</li> <li>GAP years</li> <li>Mock Preparation</li> <li>DIY basics living on your own</li> <li>Learning habits</li> </ul>	<b>Preparation to Adult Life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Preparing to perform</li> <li>Student life</li> <li>Being safe on a night out</li> <li>Mental health preparing for exams</li> <li>Mentoring with tutor</li> </ul>	<b>Preparation to Adult Life (PALs) and assembly themes:</b> <ul style="list-style-type: none"> <li>Leaving Kennet – changes in relationships and responsibility</li> <li>Working abroad</li> <li>Pensions</li> <li>Academic mentoring</li> </ul>	