



Years 10 & 11 Curriculum

Personal, Social & Health Education (PSHE)



Year 10	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Advice for Life 1 Mental Health 1	Citizenship 1 Anti-bullying Physical Health 1 Online Safety 1	Relationships 1 Advice for Life 2 Mental Health 2 Online Safety 2	Keeping Safe Bookfest 1 Citizenship 2	Citizenship 2 Relationships 2 Physical Health 2 Citizenship 3	Deaf Awareness Nature & the Environment Physical Health 3 Bookfest 2 Learning Habits 2
Key Concepts	<ul style="list-style-type: none"> Getting back into the routine of Kennet My learning habits and goal setting Reflecting on our career aspiration and seeking guidance for the next step Understanding anxiety/stress and seeking support 	<ul style="list-style-type: none"> What is a human right? Anti-Bullying week Hormone cycles and how it affects you Investigating the causes and consequence of intolerance online 	<ul style="list-style-type: none"> Love and the legal status of different types of relationships Understanding my money and wages Children's mental health week Recognising bias and propaganda online 	<ul style="list-style-type: none"> Impact of substance misuse Identify, manage and seek help for unhealthy behaviours i.e. habits and addiction Becoming a confident user of the NHS What is democracy? 	<ul style="list-style-type: none"> Why do we vote? Managing personal safety in relationships Hormone cycles and how it affects you Cultural Diversity week 	<ul style="list-style-type: none"> Deaf awareness week Why should we support our local shops and cafes? Becoming a confident user of the NHS Summer reading challenge Preparing for the year ahead

Year 11	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Advice for Life 1 Mental Health 1	Citizenship 1 Anti-bullying Physical Health 1 Online Safety 1	Relationships 1 Advice for Life 2 Mental Health 2 Online Safety 2	Keeping Safe Bookfest 1 Citizenship 2	Revision	
Key Concepts	<ul style="list-style-type: none"> Getting back into the routine of Kennet My learning habits and goal setting Your employment pathway and your rights at work Recognising the signs of good and poor mental health and seeking support 	<ul style="list-style-type: none"> What does a British person look like? Anti-Bullying week First aid training How our online presence could affect our professional reputation 	<ul style="list-style-type: none"> Personal boundaries and the impact of distorted views Taking responsibility for my sexual health Good debt vs bad debt Children's mental health week What is unintentional online discrimination? 	<ul style="list-style-type: none"> Effect of substance misuse and how it impacts our safety on the road World book day How does politics affect me? 	<ul style="list-style-type: none"> Preparing for our exams 	

Our PSHE curriculum represents our Kennet values: respect; integrity; kindness; endeavour; resilience; and courage. Our lessons ensure pupils have the knowledge and skills required to enter healthy and fulfilling relationships, assess risk both online and offline to keep themselves safe and understand how the fundamental British Values apply to their lives.