



Year 9 Curriculum

Physical Education



	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	*These topics operate on a rotation meaning each class will study them in a slightly different order					
Topic	Boys: <ul style="list-style-type: none">• Fitness• Rugby• Badminton• Dance• Handball	Girls: <ul style="list-style-type: none">• Fitness• Football• Badminton• Dance• Swimming	Boys: <ul style="list-style-type: none">• Football• Fitness• Swimming• Basketball• Racketball/• Orienteering	Girls: <ul style="list-style-type: none">• Gymnastics• Fitness• Rugby• Hockey• Racketball/• Orienteering• Netball	Boys: <ul style="list-style-type: none">• Cricket• Softball• Athletics• Volleyball	Girls: <ul style="list-style-type: none">• Athletics• Rounders/Cricket• Volleyball• Handball
Key Concepts	<ul style="list-style-type: none">• Physical literacy• Advanced skills and techniques• Advanced tactics and strategies• Fitness for life• Underpinning theoretical concepts and PE vocabulary• Critically analysing sports performance		<ul style="list-style-type: none">• Physical literacy• Advanced skills and techniques• Advanced tactics and strategies• Fitness for life• Underpinning theoretical concepts and PE vocabulary• Critically analysing sports performance		<ul style="list-style-type: none">• Physical literacy• Advanced skills and techniques• Advanced tactics and strategies• Fitness for life• Underpinning theoretical concepts and PE vocabulary• Critically analysing sports performance	



Year 9 Assessment

Physical Education



Pupils will sit 10 assessments across the academic year.

	Assessments for each Sport/Activity	
	Perform	Think
Style of Assessment	<p>Pupils will be assessed in their ability to perform three sport specific skills in isolation and two sporting game situations.</p> <p>Pupils 'Perform' marks are assessed out of five for each sport.</p>	<p>Pupils will be assessed in their ability to answer 15 multiple-choice questions based on their sporting activity. Nine of these questions are specific to their sport and six questions focus on general theoretical knowledge. The 'think' marks are calculated to be out of 5 so the combined score of 'perform' and 'think' remains out of 10 per sport.</p> <p>The Year 9 theoretical knowledge: joint actions, antagonistic pairs and the information processing model.</p>
Topics Assessed	<ul style="list-style-type: none">• Team Games: Rugby, rugby X, football, netball, basketball, handball cricket and rounders• Individual activities: Badminton, swimming, fitness, pickleball and athletics. <p><i>Note: The 10 sports assessed are subject to change</i></p>	