



Year 8 Curriculum

Personal, Social & Health Education (PSHE)



	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Advice for Life 1 Mental Health 1	Citizenship 1 Anti-bullying Physical Health 1 Online Safety 1	Relationships 1 Advice for Life 2 Mental Health 2 Online Safety 2	Keeping Safe Bookfest 1 Citizenship 2	Citizenship 2 Relationships 2 Physical Health 2 Citizenship 3	Deaf Awareness Nature & the Environment Physical Health 3 Bookfest 2 Learning Habits 2
Key Concepts	<ul style="list-style-type: none"> Getting back into the routine of Kennet My learning habits and goal setting My employment rights and managing my emotions in relation to future Interpreting feeling and emotions 	<ul style="list-style-type: none"> The history of individual liberty and free speech Anti-Bullying week First aid training The impact of the online world 	<ul style="list-style-type: none"> Understanding consent and different types of relationships Managing my money Children's mental health week Benefits and pitfalls of social media 	<ul style="list-style-type: none"> Impact of alcohol on the body World book day Role of the police 	<ul style="list-style-type: none"> Impact of crime Healthy relationship characteristics Understanding our hormones Cultural diversity week 	<ul style="list-style-type: none"> Deaf awareness week What is climate adaptation and how can we become more ecofriendly? How can I be more active at Kennet and in West Berkshire? Summer reading challenge Preparing for the year ahead

Our PSHE curriculum represents our Kennet values: respect; integrity; kindness; endeavour; resilience; and courage. Our lessons ensure pupils have the knowledge and skills required to enter healthy and fulfilling relationships, assess risk both online and offline to keep themselves safe and understand how the fundamental British Values apply to their lives.