



Year 7 Curriculum

Personal, Social & Health Education (PSHE)



	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Advice for Life 1 Mental Health 1	Citizenship 1 Anti-bullying Physical Health 1 Online Safety 1	Relationships 1 Advice for Life 2 Mental Health 2 Online Safety 2	Keeping Safe Bookfest 1 Citizenship 2	Citizenship 2 Relationships 2 Physical Health 2 Citizenship 3	Deaf Awareness Nature & the Environment Physical Health 3 Bookfest 2 Learning Habits 2
Key Concepts	<ul style="list-style-type: none"> • Getting to know Kennet and each other • My learning habits and goal setting • Identifying and exploring early career aspirations • Responding to mental health worries and seeking support 	<ul style="list-style-type: none"> • What does it mean to be British? • Anti-Bullying week • First aid training • Privacy: The risks of using the internet 	<ul style="list-style-type: none"> • Understanding feelings and recognising others' feelings • Budgeting and saving • Children's mental health week • Sharing online and consent 	<ul style="list-style-type: none"> • Understanding the difference between legal and illegal drugs, and the associated risk • Bookfest – world book day • What are laws? 	<ul style="list-style-type: none"> • How are laws made? • Healthy friendships: What is trust? • Physical and mental changes during puberty • Cultural diversity 	<ul style="list-style-type: none"> • Deaf awareness week • How can we respect our environment? • Why is physical health important? • Summer reading challenge • Target setting for Year 8

Our PSHE curriculum represents our Kennet values: respect; integrity; kindness; endeavour; resilience; and courage. Our lessons ensure pupils have the knowledge and skills required to enter healthy and fulfilling relationships, assess risk both online and offline to keep themselves safe and understand how the fundamental British Values apply to their lives.