



# Level 1/2

# Child Development



## Why study Child Development?

Child Development refers to the sequence of physical, language, thought and emotional changes that occur in a child from birth to the beginning of adulthood. During this process, a child progresses from dependency on their parents/guardians to increasing independence.

## Overview of course content specification code: 603/7114/6)

Exam Board:  
**OCR**

### Topics Studied

Within this course, you will complete the following units:

#### Unit 1: Health and Well-being for Child Development

Within the first unit, you will learn the essential knowledge and understanding for child development, covering reproduction, parental responsibility, antenatal care, birth, postnatal checks, postnatal care, conditions for development, childhood illnesses and child safety.

Knowledge gained in this unit would be of use for further studies in PSHE, Biology and other Child Development qualifications.

#### Unit 2: Create a Safe Environment and Understand the Nutritional Needs of Children

It is important that childcare settings provide a safe and nurturing environment to care for babies and young children. In the second unit, you will look into reasons why accidents happen in a childcare setting and how to prevent them, types of childhood accidents, current government dietary recommendations for healthy eating for children from birth to five years, essential nutrients, preparing a feed and more. You will also investigate and choose equipment that is both suitable and safe for use.

#### Unit 3: Understand the Development Norms of a Child from Birth to Five Years

Within the third unit, you will gain knowledge of, and skills in, developing activities to observe development norms in children up to the age of five. This unit will include researching, planning, carrying out activities with children and observing and reviewing these activities, as well as an understanding of the development norms and the benefits of play in child development.

These transferable skills will support further studies in many other subjects.

### Examination and Assessment

Assessment	How it's assessed
<b>Unit 1:</b> Health and Well-being for Child Development	External exam
<b>Unit 2:</b> Create a Safe Environment and Understand the Nutritional Needs of Children	Internal coursework
<b>Unit 3:</b> Understand the Development Norms of a Child from Birth to Five Years	Internal coursework



If you have any questions, please contact:  
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