



Years 12 & 13 Curriculum

Tutor Programme, Learning Habits & Preparation for Adult Life (PALs)



Year 12	Autumn Term: PSHE & Life Choices		Spring Term: Looking After Yourself & British Values		Summer Term: Next Steps	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Topic	Resilience – Settling Into Sixth Form Respect, Integrity & Kindness – PSHE	Endeavour, Courage & Resilience – Future Plans & Independence	Resilience & Integrity – Keeping Healthy Physically & Mentally	Resilience, Respect & Integrity – PSHE	Endeavour, Courage & Resilience – Exploring University	Endeavour, Resilience & Courage – Applications for Next Steps
Key Concepts	Tutor Work: <ul style="list-style-type: none"> • Future Thinking- Setting SMART goals • Identity- Selling yourself, Rebuilding identity after GCSE's, Cosmetic surgery • Relationship – Banter vs bullying, Pregnancy and parenting, Contraception awareness • Development of discussion and debating 	Tutor Work: <ul style="list-style-type: none"> • Independence- Money literacy, How to pick a bank, Self- discipline • Relationships- Online behaviour, screenshots and reputation • Future Thinking- University vs degree apprenticeships, Importance of work experience • Development of Discussion and debating 	Tutor Work: <ul style="list-style-type: none"> • UK Politics system • Looking After Yourself- Foods affecting brain and behaviour, Exercise, Mental health • Emotional Wellbeing- Recognising early burnout • Developing discussion and debating 	Tutor Work: <ul style="list-style-type: none"> • Relationships- Choosing who gets access to you, when relationships go wrong • Climate Change • Future Thinking- Life map • Developing discussion and debating 	Tutor Work: <ul style="list-style-type: none"> • Induction into personal statements • Importance factors in choosing a Uni • University Tanking and League tables • Different types of universities • Russell group universities • Different degree pathways 	Tutor Work: <ul style="list-style-type: none"> • Next steps applications <ul style="list-style-type: none"> - Personal statement writing - CV writing - Apprenticeship planning
	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> • Introduction into sixth form. • Relationships/Routine/ Responsibility changes in Sixth Form • Sexual harassment in the workplace • Mental health awareness • Driving and car insurance • Learning habits • LGBTQ+ • Digital Footprint • How to enhance your CV • Mentoring with tutor 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> • Consent • Interview skills • What is anxiety • Learning habits • Fertility and family planning • Credit cards and loans • How to buy a house/renting • Mentoring with tutor 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> • Local history • Learning habits • Citizenship- taking on other cultures words • Fake news • Post 18 Options • Question time • Student leadership hustings 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> • Work experience week information • Dangers of vaping • Faith forum • Feeding yourself • Monitoring and controlling personal finances 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> • Safe driving • Coercive control • Financial awareness • Learning habits • Developing communication skills • How to produce a LinkedIn account • Working abroad 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> • Safe online behaviours • UCAS Applications. • Apprenticeships. Preparations • Debunking social media • Attending university and living abroad as an international student



Years 12 & 13 Curriculum *(continued)*

Tutor Programme, Learning Habits & Preparation for Adult Life (PALs)



Year 13	Autumn Term: Applications & Financial Awareness		Spring Term: British Values & PSHE		Summer Term: Independent Living	
	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Topic	Respect – Settling into Year 13 Endeavour, Courage and Resilience – Next Steps Applications	Respect – Settling into Year 13 Resilience & Integrity – Financial Awareness	Resilience & Endeavour – Developing Transferable Skills Endeavour – Preparing for Mock Exams	Integrity, Kindness & Respect – PSHE	Resilience & Courage – Living & Dealing with Others & Living Independently	
Key Concepts	Tutor Work: <ul style="list-style-type: none"> UCAS Applications or CV writing for employment/ apprenticeship writing Revision for mocks Relationships - Sexual health misconceptions 	Tutor Work: <ul style="list-style-type: none"> Emotional Resilience - Imposter syndrome before leaving school Money Literacy - Credit scores, Savings, Bank accounts for young people Adult life - Identity fraud and theft, emails, timekeeping and tone Development of discussion and debating 	Tutor Work: <ul style="list-style-type: none"> Relationships - Boundaries in adult relationships, Unintended pregnancies Adult Life - Adaptability, Resilience Future Thinking - The myth of having everything figured out Revision for mocks 	Tutor Work: <ul style="list-style-type: none"> Moral Dilemmas – what would you do Adult Life - Voting when you are 18 Vape Spiking- awareness and staying safe Developing Debating – is artificial intelligence a threat? Developing Debating – is social media harming relationships? 	Tutor Work: <ul style="list-style-type: none"> Basic survival techniques when living on your own Shopping on a budget Meeting new people Homesickness Tolerance of others Goodbye and good luck 	
	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> UCAS Applications Apprenticeship preparations Learning habits Mental health awareness Learning habits recap 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> UCAS Applications Apprenticeship preparations Replying to UICAS offers, clearing and adjustments Procrastination Learning habits 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> Local history First aid/CPR GAP years Mock Preparation DIY basics living on your own Learning habits 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> Preparing to perform Student life Being safe on a night out Mental health preparing for exams Mentoring with tutor 	Preparation to Adult Life (PALs) & Assembly Themes: <ul style="list-style-type: none"> Leaving Kennet – changes in relationships and responsibility Working abroad Pensions Academic mentoring 	