



Years 10 & 11 Curriculum

Personal, Social & Health Education (PSHE)



Year 10	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Advice for Life 1 Mental Wellbeing 1 Personal Wellbeing 1	Anti-bullying Citizenship 1 Relationships 1 Online Safety and Awareness 1	Physical Health 1 Personal Wellbeing 3 Citizenship 2 Personal Wellbeing 2	Bookfest 1 Nature and the Environment 1 Advice for Life 2	Online Safety and Awareness 2 Relationships 2 Mental Wellbeing 2 Citizenship 2	Physical Health 2 Citizenship 3 Advice for Life 3 Bookfest 2 Learning Habits 2
Key Concepts	- Getting back into the routine of Kennet - My learning habits and goal setting - Reflecting on our career aspiration and seeking guidance for the next step - Understanding anxiety/stress and seeking support - First Aid training	- Anti-Bullying week - Remembrance - Passive, aggressive and assertive relationships - Positive Masculinity - Recognising bias and propaganda online - Investigating the causes and consequence of intolerance online	- Hormone cycles and how it affects you - Love and the legal status of different types of relationships - Becoming a confident user of the NHS - Holocaust memorial - Children's mental health week - Impact of substance misuse	- World book day - Science week: Nature and the environment - Understanding my money and wages	- Online Safety – harassment, bullying and exploitation - Managing personal safety in relationships - Mental health awareness month - Cultural Diversity week - What is democracy?	- Maintaining a work life balance - What is a human right? - Life Skills - Summer reading challenge - Preparing for the year ahead

Year 11	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Advice for Life 1 Mental Wellbeing 1 Personal Wellbeing 1	Anti-bullying Citizenship 1 Relationships 1 Online Safety and Awareness 1	Physical Health 1 Personal Wellbeing 3 Citizenship 2 Personal Wellbeing 2	Bookfest 1 Nature and the Environment 1 Advice for Life 2	Revision	
Key Concepts	- Getting back into the routine of Kennet - My learning habits and goal setting - Relationship boundaries - Recognising the signs or good and poor mental health in high stress situations and seeking support - First Aid training	- Anti-Bullying week - Remembrance - Effect of substance misuse and how it impacts our safety on the road - Your employment pathway and your rights at work	- Personal boundaries and the impact of distorted views - Taking responsibility for my sexual health - Holocaust memorial - Children's mental health week - What is unintentional online discrimination? - How our online presence could affect our professional reputation	- World book day - Science week: Nature and the environment - Good debt vs bad debt	Preparing for our exams	

Our PSHE curriculum represents our Kennet values: respect; integrity; kindness; endeavour; resilience; and courage. Our lessons ensure pupils have the knowledge and skills required to enter healthy and fulfilling relationships, assess risk both online and offline to keep themselves safe and understand how the fundamental British Values apply to their lives.