



Years 10 & 11 Curriculum

Personal, Social & Health Education (PSHE)



Year 10	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Relationships 1 Mental Wellbeing 1 Personal Wellbeing 1	Anti-bullying Citizenship 1 Personal Wellbeing 2 Advice for Life 1	Physical Health 1 Personal Wellbeing 3 Citizenship 1 Online Safety and Awareness 1	Bookfest 1 Nature and the Environment 1 Advice for Life 2	Online Safety and Awareness 2 Relationships 2 Mental Wellbeing 2 Citizenship 2	Physical Health 2 Citizenship 3 Advice for Life 3 Bookfest 2 Learning Habits 2
Key Concepts	<ul style="list-style-type: none"> Getting back into the routine of Kennet My learning habits and goal setting Passive, aggressive and assertive relationships Understanding anxiety/stress and seeking support First Aid training 	<ul style="list-style-type: none"> Anti-Bullying week Remembrance Impact of substance misuse Reflecting on our career aspiration and seeking guidance for the next step 	<ul style="list-style-type: none"> Hormone cycles and how it affects you Love and the legal status of different types of relationships Becoming a confident user of the NHS Holocaust memorial Children's mental health week Recognising bias and propaganda online Investigating the causes and consequence of intolerance online 	<ul style="list-style-type: none"> World book day Science week: Nature and the environment Understanding my money and wages 	<ul style="list-style-type: none"> Online Safety – harassment, bullying and exploitation Managing personal safety in relationships Mental health awareness month Cultural Diversity week What is democracy? 	<ul style="list-style-type: none"> Maintaining a work life balance What is a human right? Life Skills Summer reading challenge Preparing for the year ahead

Year 11	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Relationships 1 Mental Wellbeing 1 Personal Wellbeing 1	Anti-bullying Citizenship 1 Personal Wellbeing 2 Advice for Life 1	Physical Health 1 Personal Wellbeing 3 Citizenship 1 Online Safety and Awareness 1	Bookfest 1 Nature and the Environment 1 Advice for Life 2	Revision	
Key Concepts	<ul style="list-style-type: none"> Getting back into the routine of Kennet My learning habits and goal setting Relationship boundaries Recognising the signs of good and poor mental health in high stress situations and seeking support First Aid training 	<ul style="list-style-type: none"> Anti-Bullying week Remembrance Effect of substance misuse and how it impacts our safety on the road Your employment pathway and your rights at work 	<ul style="list-style-type: none"> Personal boundaries and the impact of distorted views Taking responsibility for my sexual health Holocaust memorial Children's mental health week What is unintentional online discrimination? How our online presence could affect our professional reputation 	<ul style="list-style-type: none"> World book day Science week: Nature and the environment Good debt vs bad debt 	<ul style="list-style-type: none"> Preparing for our exams 	

Our PSHE curriculum represents our Kennet values: respect; integrity; kindness; endeavour; resilience; and courage. Our lessons ensure pupils have the knowledge and skills required to enter healthy and fulfilling relationships, assess risk both online and offline to keep themselves safe and understand how the fundamental British Values apply to their lives.