



Year 9 Curriculum

Personal, Social & Health Education (PSHE)



	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Advice for Life 1 Mental Wellbeing 1 Personal Wellbeing 1	Anti-bullying Citizenship 1 Relationships 1 Online Safety and Awareness 1	Physical Health 1 Personal Wellbeing 3 Citizenship 2 Personal Wellbeing 2	Bookfest 1 Nature and the Environment 1 Advice for Life 2	Online Safety and Awareness 2 Relationships 2 Mental Wellbeing 2 Citizenship 3	Physical Health 2 Citizenship 4 Advice for Life 3 Bookfest 2 Learning Habits 2
Key Concepts	• Getting back into the routine of Kennet • My learning habits and goal setting • Career pathways • What is the purpose of failure and why it's important for our mental health • First aid training	• Anti-Bullying week • Remembrance • Safely manage changes in personal relationships, including the ending of relationships • Positive Masculinity • Benefits of having an online presence • AI and mental health	• Male and Female hormone cycles • Types of intimacy and common misconceptions • Holocaust memorial • Children's mental health week • Impact and consequences of smoking and vaping	• World book day • Science week: Nature and the environment • Making effective financial decisions	• Challenging negative online behaviour • Relationship diversity • Mental health awareness month • Cultural diversity week • Understanding politics at all levels	• How might different factors affect physical health? • What is immigration and emigration? • Life skills • Summer reading challenge • Preparing for the year ahead

Our PSHE curriculum represents our Kennet values: respect; integrity; kindness; endeavour; resilience; and courage. Our lessons ensure pupils have the knowledge and skills required to enter healthy and fulfilling relationships, assess risk both online and offline to keep themselves safe and understand how the fundamental British Values apply to their lives.