



Year 9 Curriculum

Personal, Social & Health Education (PSHE)



	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Relationships 1 Mental Wellbeing 1 Personal Wellbeing 1	Anti-bullying Citizenship 1 Personal Wellbeing 2 Advice for Life 1	Physical Health 1 Personal Wellbeing 3 Citizenship 2 Online Safety and Awareness 1	Bookfest 1 Nature and the Environment 1 Advice for Life 2	Online Safety and Awareness 2 Relationships 2 Mental Wellbeing 2 Citizenship 3	Physical Health 2 Citizenship 4 Advice for Life 3 Bookfest 2 Learning Habits 2
Key Concepts	<ul style="list-style-type: none"> Getting back into the routine of Kennet My learning habits and goal setting Safely manage changes in personal relationships, including the ending of relationships What is the purpose of failure and why it's important for our mental health First aid training 	<ul style="list-style-type: none"> Anti-Bullying week Remembrance Impact and consequences of smoking and vaping Career pathways 	<ul style="list-style-type: none"> Male and Female hormone cycles Types of intimacy and common misconceptions Holocaust memorial Children's mental health week Benefits of having an online presence 	<ul style="list-style-type: none"> World book day Science week: Nature and the environment Making effective financial decisions 	<ul style="list-style-type: none"> Challenging negative online behaviour Relationship diversity Mental health awareness month Cultural diversity week Understanding politics at all levels 	<ul style="list-style-type: none"> How might different factors affect physical health? What is immigration and emigration? Life skills Summer reading challenge Preparing for the year ahead

Our PSHE curriculum represents our Kennet values: respect; integrity; kindness; endeavour; resilience; and courage. Our lessons ensure pupils have the knowledge and skills required to enter healthy and fulfilling relationships, assess risk both online and offline to keep themselves safe and understand how the fundamental British Values apply to their lives.