



Year 7 Curriculum

Personal, Social & Health Education (PSHE)



	Term 1 (Autumn)		Term 2 (Spring)		Term 3 (Summer)	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topic	Settling In Learning Habits 1 Relationships 1 Mental Wellbeing 1 Personal Wellbeing 1	Anti-bullying Citizenship 1 Personal Wellbeing 2 Advice for Life 1	Physical Health 1 Personal Wellbeing 3 Citizenship 2 Online Safety and Awareness 1	Bookfest 1 Nature and the Environment 1 Advice for Life 2	Online Safety and Awareness 2 Relationships 2 Mental Wellbeing 2 Citizenship 3	Physical Health 2 Citizenship 4 Advice for Life 3 Bookfest 2 Learning Habits 2
Key Concepts	<ul style="list-style-type: none"> Getting to know Kennet and each other My learning habits and goal setting Responding to mental health worries and seeking support First Aid training 	<ul style="list-style-type: none"> Anti-Bullying week Remembrance Understanding the difference between legal and illegal drugs, and the associated risk Identifying and exploring early career aspirations 	<ul style="list-style-type: none"> Physical changes during puberty Consent and boundaries Holocaust memorial Children's mental health week Holocaust memorial Sharing online and consent 	<ul style="list-style-type: none"> Bookfest – world book day Science week: Nature and the environment Budgeting and saving 	<ul style="list-style-type: none"> The law and the online world Healthy friendships: What is trust? Understanding feelings and recognising others' feelings Mental health awareness month Cultural diversity How are laws made? 	<ul style="list-style-type: none"> Why is physical health important? Why are British Values important? Life skills Summer reading challenge Target setting for Year 8

Our PSHE curriculum represents our Kennet values: respect; integrity; kindness; endeavour; resilience; and courage. Our lessons ensure pupils have the knowledge and skills required to enter healthy and fulfilling relationships, assess risk both online and offline to keep themselves safe and understand how the fundamental British Values apply to their lives.